

6 THINKING HATS

HAT COLOUR	THINKING TYPE	DESCRIPTION	GUIDING QUESTIONS
● White	Objective, neutral thinking	It's based on facts, data, and numbers. No judgment or opinion.	<ul style="list-style-type: none"> – What do we know for sure? – What facts or data do we have? – What information is missing? – Where can we find reliable sources?
● Red	Emotional, Intuitive thinking	It's about feelings, emotions, perceptions. No justification required.	<ul style="list-style-type: none"> – How do I feel about this? – What is my emotional reaction? – What does my intuition say? – What are my first impressions?
● Black	Critical, cautious thinking	Focuses on problems, risks, and weaknesses. Prudent thinking.	<ul style="list-style-type: none"> – What could go wrong? – What are the risks or downsides? – What are the weak points? – In what situations could this fail?
● Yellow	Positive, optimistic thinking	Analyze benefits, opportunities, and strengths. Think confidently.	<ul style="list-style-type: none"> – What are the benefits? – What works well here? – How could this help us? – Why is this a good idea?
● Green	Creative, lateral thinking	It promotes new ideas, alternatives, original solutions.	<ul style="list-style-type: none"> – What new ideas can we come up with? – What have we not tried yet? – How can we improve this? – If anything were possible, what would we do?
● Blue	Organizing, meta-thinking	He manages the thought process. He coordinates, summarizes, and decides the steps.	<ul style="list-style-type: none"> – Where do we start? – What is our next step? – Which hat should we use now? – What have we learned so far? – What still needs to be done?